

# Foxley Lane Women's Mental Health Unit

## Have your say

6pm on Wednesday 30 November 2016

Longer, healthier lives for  
all the people in Croydon



# Welcome

# Dr Tony Brzezicki

## Clinical Chair

Longer, healthier lives for  
all the people in Croydon



# How are we engaging with local people?

We are working with following groups:

- Current and past patients and carers of Foxley Lane
- Patient forums and patient representatives
- Croydon Voluntary Action
- Hear Us – a group of users, providers and community and voluntary staff
- Mind Croydon
- Healthwatch Croydon
- Health Overview and Scrutiny Committee
- Information available on our websites [www.croydonccg.nhs.uk](http://www.croydonccg.nhs.uk) and [www.slam.nhs.uk](http://www.slam.nhs.uk)



# Introduction

## Lauretta Kavanagh Independent Facilitator

Longer, healthier lives for  
all the people in Croydon



# Agenda

## Presentation

**Paula Swann, Chief Operating Officer, Croydon CCG**

**Dr Hugh Jones, Consultant and Clinical Director, SLAM**

**Your views: Any questions**

**Work groups at your table**



# Foxley Lane – the proposal

**Paula Swann**

Chief Operating Officer

Croydon Clinical Commissioning Group



# Mental Health Service Review

- We talked to local people, our health and social care partners and stakeholders to inform **Croydon Integrated Mental Health Strategy for Adults 2014 to 2019**
- **Key outcome was to reset community and primary care as the main setting to support people**
- Local people and stakeholders agreed that we should invest more NHS money so that mental health services to help with:
  - Prevention and intervening in the early stages
  - At the point of crisis to help reduce need to be admitted into hospital
  - Diverting people away from inpatient services when appropriate

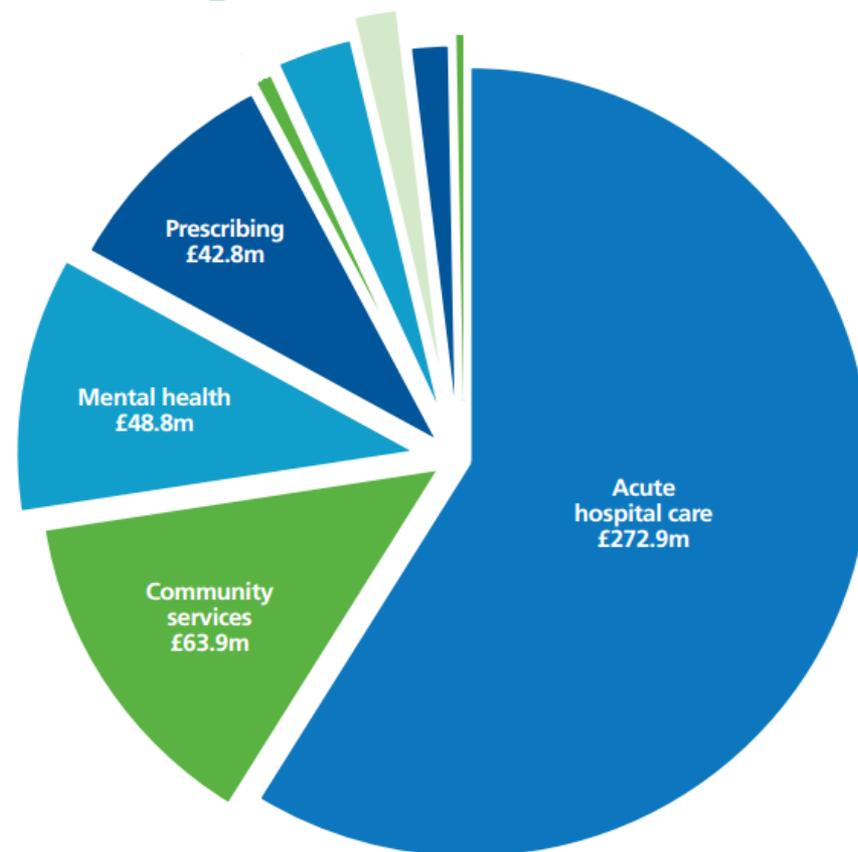


# Mental Health spend in Croydon

NHS spend on mental health to £48.8 million each year

Just under 10% of total commissioning budget of £465 million

Includes £9 million additional investment over the last two years to support patients to be treated at home



# Investing in community mental health services

Over the last two years, we have invested significantly in community care:

- **Extending care co-ordinators and the Home Treatment Team**
- **Psychiatric Liaison and Crisis care**
- Supporting people **out of hospital** and preventing avoidable admissions



## Increase in demand

During 2015/16, Croydon saw an increase in people requiring formal inpatient care, which has led to an increase in costs for the NHS

The CCG and SLAM have worked together to identify savings to be able to deliver our commitments to improve mental health services within the finances we have available

The proposal we are here to talk to you about today is part of these savings to be able to protect the required investment in acute mental health services for people with the greatest need



# Foxley Lane – the proposal

**Dr Hugh Jones**  
Consultant and Clinical Director  
South London and the Maudsley NHS  
Foundation Trust



## Current services at Foxley Lane

- Eight bed inpatient unit for women
- Opened in 1999 as a crisis facility
- Became an inpatient acute ward in 2010
- Does not treat women detained under the Mental Health Act
- Skill mix of staff is very different than Gresham One, with a lower staff ratio per patient
- Patients referred from mental health professionals in community teams, psychiatric liaison and inpatient wards
- Last year treated 55 patients and 84 patients in 2014
- Mental health needs of local people is changing – more patients are being admitted under the Mental Health Act
- Services have changed with more community based services available

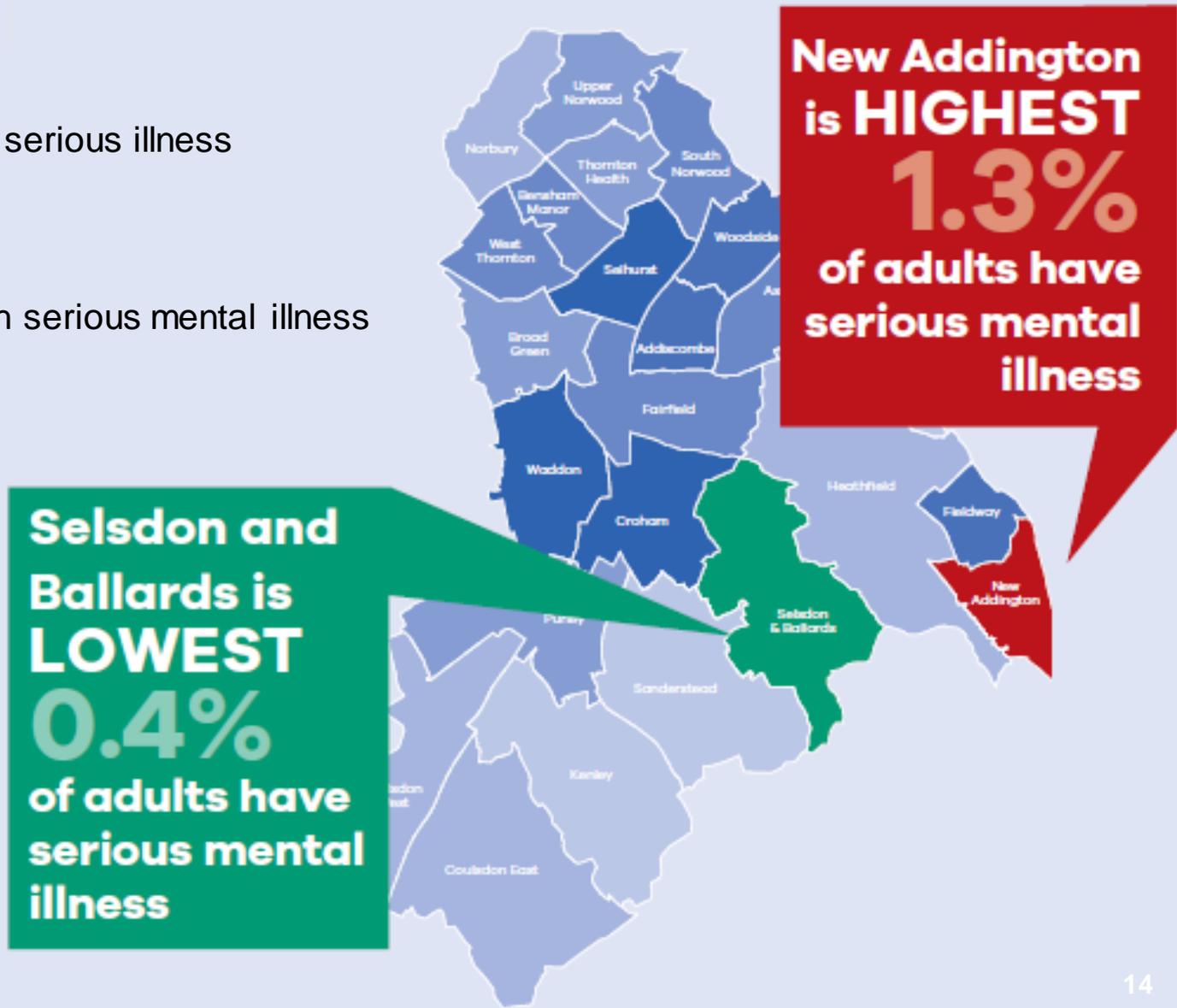
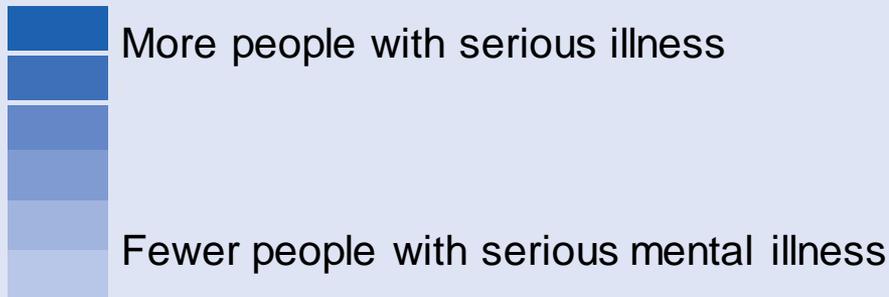


## Why do services need to change?

- Since the service began over 15 years ago the CCG and SLAM have invested money and training to develop community mental health services.
- Many patients who previously were admitted to Foxley lane can now be treated at home
- In last 2 years Foxley lane has only had on average 1 direct admission a month (with another 1-2 'step down' admissions) as other services have been developed that are more suitable to crisis care
- Croydon CCG is in financial special measures and there is a need to ensure value for money of every service and services are targeted to best effect



# North Croydon has greatest mental health need



## What are we proposing?

The local NHS is proposing to close the services currently provided at Foxley Lane.

‘Step down’ admissions will no longer occur.

Foxley Lane only treats a small number of women each year admitted directly in crisis. There is a need to ensure value for money for every service.



## Croydon Home Treatment Team

- Support for people experiencing a mental health crisis in their homes
- 8am to 10pm, seven days a week, central triage 24 hours a day
- Intensive support to help prevent mental health deteriorating and hospital admissions
- Service users visited by the team up to twice daily in the initial stages of treatment.
- Over 30 staff including: consultants, registrars, nurses, psychologists and support workers
- Staff ratios are two thirds female to male and the team will meet specific gender requests where possible
- Treated 606 patients in 2015/16, with a maximum caseload of 36 patients at any one time



# Gresham 1

- Quality Improvement Initiative underway
- Working Group independently facilitated to improve the service, including current patients on the ward
- 7 days a week access including evenings
- Full time occupational therapist now appointed, psychologist post currently being recruited to
- The ward has been fully refurbished in the last year and has two garden spaces
- Female only ward with 'quiet space' available



## Benefits

- Over 50% of admissions to Foxley lane are 'step down' admissions. Evidence demonstrates such episodes of care are longer than those to a single inpatient service.
- There is now a greatly reduced demand for inpatient crisis care in a facility such as Foxley Lane. These admissions are expensive compared to home treatment - £10,620 compared with £2,431



# Your views

Any questions about the presentation or proposals?

Chaired by:

**Lauretta Kavanagh**  
Independent Facilitator



# Work groups at your table

Asking you in your tables to talk about:

1. From what you have heard tonight, do you have any concerns about the proposal to provide more care within peoples home?
2. What could the local NHS do to address these concerns?



## What will happen to your views

After the engagement closes, responses and feedback will be collated into a report

The CCG and SLAM will consider all feedback we have received at their Governing Body and Board meetings in January

Governing Body meeting held in public on Tuesday 17 January 2016

SLAM will also consider at a Board meeting early next year



## Next steps and have your say

Please fill in the survey today or online at  
[www.croydonccg.nhs.uk](http://www.croydonccg.nhs.uk)

We are collecting views until **Friday 6 January 2017**

